Montessori in the Home

with Rachel Montgomery and Katie Cosmi

Top Five Tips

- 1. Create a prepared environment in your home
- 2. Follow your child's interests
- 3. Promote order and routine
- 4. Model respect, grace and courtesy
- 5. Nurture Outdoor play

1. Create a Prepared Environment in Your Home

- Set up your home to fit the needs of your child
- Make time
- Independence

To assist a child, we must provide him with an environment which will enable him to develop freely.

DR. MARIA MONTESSORI



Exploring the kids' baking drawer (2 years old)
Baking tools safe for small hands



toddler/preschooler dresser

- Small drawers for clothing items
- Mirror at their eye level

Things we do in the classroom:

Neutral decor Art at children's eye level Small amount of items, rotated frequently Real objects/photos of objects Fits the child's hand Furniture fits the child

Bring the activity to their level



Dishwashing (4 years old)

- Dish bins
- Low table
- Towels available!



Preparing food (3 years old)

- Carrots
- Bowl of water

2. Follow your child's interests

Care tasks in the home and yard In nature Through play or games Art and self expression





Retrieving his lunch from the microwave (3 years old)

• Oven mitts



Building shelves (13 years old)



Interested in helping with the big flooring project (5 years old)

- Safety glasses
- Safe scraping putty knife

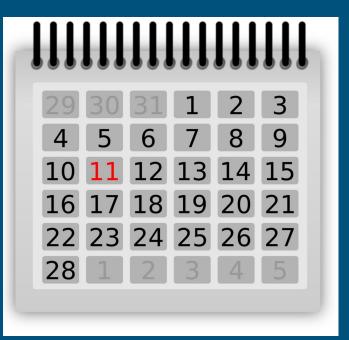


Love of drawing (3 & 5 years old)

- Flat cardboard box
- crayons/pastels

3. Promote Order and Routine

- Morning and evening routines for the child and family
- The Power of Language
 - Tell the story of what to expect
 - Keeping your older kids "in the loop"

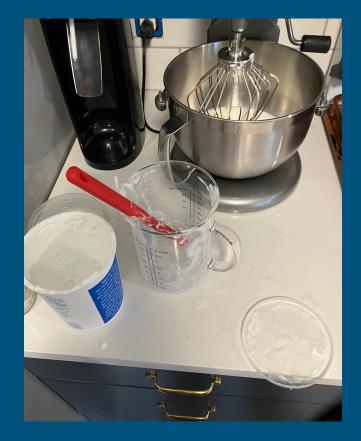


4. Model respect, grace and courtesy

The Pause - before interrupting, jumping in to help or comment.

Making mistakes is learning Include your child when talking about them Simply Be with your child - a warm presence





Interested in making waffles independently (13 years old)

- Provide/show all necessary materials
- Give space for making mistakes

The great benefit we can bestow on childhood is the exercise of restraint of ourselves DR. MARIA MONTESSORI

5. Nurture outdoor play

What do you like to do outside? How can you include your child?







Remember that Montessori is a flexible and adaptable approach!

- Seeing your child for who they are
- Meeting their unique developmental needs
- Create an environment to supports your child's natural curiosity, development and interests

Read up on Montessori Philosophy

The Absorbent Mind

Montessori Speaks to Parents

From Childhood to Adolescence

Montessori Today

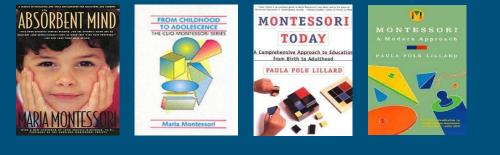
Montessori: A Modern Approach

The Montessori Baby

The Montessori Toddler

The Montessori Home

How to Raise An Amazing Child the Montessori Way, 2nd Ed.





...you know, because you have so much spare time on your hands as busy parents...

Just come to these events and get the good stuff ;)